



The best activities guide around!

FEBRUARY 2006



YS Skiing and Snowboarding – 4th

Super Bowl Party XL – 6th

YS Middle School Winter Ball – 11th

CZCC Valentine's Gourmet Dinner – 11th

Newcomer's Orientation – 14th

CZCC Black History Lunch Special – 17th

Camp Zama Community Club

*Happy
Valentine's Day*



Valentine's Day

Saturday, 11 February
6 - 8 pm

\$50 per person

Gourmet Dinner

For more information, 263-4547



The U.S. Army Garrison, Japan (USAG-J), MWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.



DMWR strives to provide individuals with disabilities reasonable accommodation,

and are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

ZAMA Community BUGLE

Contents

Army Community Service	19,20
Arts and Crafts	3
Bowling Center	16
Camp Zama Community Club..	13,14
Camp Zama Golf Club	7,8
Chapel Activities	18
Child and Youth Services.....	4,5,6
Child Development Center	4
Community Cultural Center	3
Community Libraries	10
Directory of MWR Facilities	29
Directory of Program Managers	2
Outdoor Rec / Local Tours	24
Sagami Lounge	15
School Age Services	6
Sports Office	9,10
Torii Station, Okinawa	21,22,23
Youth Sports	6



THIS MONTH'S COVER

Red roses, chocolates and cards are very nice for the best lady in your life for Valentine's Day, but, why not go to the next level – a special gourmet dinner at the Camp Zama Community Club. Rika Ueda, the Club Caterer, and Chef Eda, pictured on our front cover, will provide the perfect romantic atmosphere. See the front inside cover for the details.

As always, the Camp Zama Arts and Crafts Center has Valentine's Day balloons and a delivery service on the 14th. See page 3 for this and the St. Valentine's Day gift wrapping class to make your gift of roses, chocolates and cards look the best.

We wish you and yours a Happy Valentine's Day.

Photo by Mr. Richard Haun, technical enhancement by Hideko McKeta.



Tamagawa University will perform the musical "Guys and Dolls Jr". on 18 and 19 March at the Community Cultural Center. For more information, phone 263-3939.

■ Community Cultural Center 263-3939



Adult: \$10 • Youth: \$7:50

	<i>Doors Open</i>	<i>Show Starts</i>
Saturday, 18 March	5:30 pm	6 pm
Sunday, 19 March	4:30 pm	5 pm

■ Arts and Crafts • 263-4412



"Drawing From Life"

Every Monday night, 7 - 9 pm, at the SHA Studio House #542. Open session (just show up) for ages 12 and up.



Valentine's Day Gift Wrapping Class

8 February, 5 - 6 pm, at the Arts and Craft Center.

Class fee, \$10; includes materials. Advanced registration is required; Open until 5 February.

The instructor is Ms. Ikujo.



Valentine's Day "Balloon Delivery Service"

Orders received by 12 February will be delivered on 14 February.

Delivery fees:

Camp Zama, \$5
Sagamihara Housing Area, \$7
Sagami Depot, \$10

For more information, 263-4412

SAGAMIHARA HOUSING AREA

• **SHA CDC Closed:**

* Monday, 20 February for President's Day.

• **SHA CDC PAC Meeting** (for patrons only) will be held on Tuesday, 14 February, 4 - 4:45 pm, at the SagamiHara Housing Area Child Development Center.

• **Valentines Family Obstacle**, Tuesday, 14 February, 3 - 4 pm.

• **Parents Night Out**

Friday, 17 February, 6:30 - 11:30 pm.

For more information, please phone Ms. Maricel Henson, 267-6564/263-5723.

ZAMA CHILD DEVELOPMENT CENTER

• **Zama CDC Closed**

* Monday, 20 February, for President's Day.

• **PAC Meeting**

Wednesday, 8 February, 4 - 5 pm.

• **Family Heart Day**

Monday, 13 February, 2:30 - 3:30 pm.

For more information, please call Betty

Huebner, 263-8081.



YOUTH CHEERLEADING CLINIC

Zama Youth Center
Monday, 6 February, 4 - 5:30 pm



The Zama military community is invited to attend the cheerleading clinic conducted by the entertaining "Raiderettes". The National Football League (NFL) representatives will first perform their high energy dance routine for 20 - 30 minutes, and the instructional clinic will immediately follow. After the clinic, the cheerleaders will be available for photos and autographs. Bring your camera for a memorable experience.

For additional information, please phone 263-5995 or 263-3424.

Raiderettes

"OAKLAND RAIDER CHEERLEADERS"



Cyrina



Tiffany



Lori



Serrita



Jennifer



T

orch Club is a middle school leadership group designed to assist girls and boys in becoming productive citizens. A Torch Club consists of an adult advisor and 6 - 15 boys and girls. Torch Club members learn that they can make a difference in the world by taking an active and responsible role in setting the direction of their own lives. By helping others, they experience the gratification and self-esteem that comes with being wanted and needed. The MS Torch Club meets Mondays at the CZ Youth Center

For information, <http://zamayouthcenter.org/cal/YTL/2006/jan/ppt.html>

■ Child and Youth Services • 263-4500

www.zamayouthcenter.org

6TH GRADE HAPPENING

The monthly "6th Grade Happening" is scheduled 17 February from 7 - 10 pm. The cost is \$2. Transportation will be provided from Sagami Depot at 5:45 pm, SHA Commissary, and the Atsugi Theater at 6:30 pm. Come out and enjoy a night of fun, food and lots of entertainment.

STUDENTS RECYCLING USED TECHNOLOGY

24 - 25 February, SRUT is a program

in which students take donated computers and computer components and upgrade them. They have a choice to take it home or donate it back to CYC to give to someone else who needs a computer. The program is 4 - 8 pm on 24 February and 1 - 6 pm on 25 February. Call Mr. Lawrence at 263-8573 for more information.



WEB DESIGN CLASSES

• Every Thursday, 3:30 - 4:30 pm, Mr. Lawrence will be conducting Web Design Classes for youth to get prepared for the upcoming BGCA contest.

• President's Day Web Design Contest

Thursday, 16 February - Use the skills you learned in the Web Design classes and enter the President's Day Web Design Contest. Judging will be at 6 pm.

• BGCA Digital Arts Web Design Festival

Thursday, 23 February - The Zama Youth Center will be hosting the BGCA Digital Arts Web Design Festival. Club members will create web sites that tell the history of their local club. Sites may only contain two pages - a home page plus a linked supporting page. The judging will begin at 6 pm and the winner will be submitted to the regional contest in Washington State.

Middle School

Winter Ball

"A Night to Remember"

at Camp Zama Youth Center

Saturday, 11 February, 7 - 10 pm

Transportation will be provided from Sagami Depot at 5:45, SHA Commissary, and Atsugi Theater at 6:30 pm. Tickets can be purchased from the middle school student council.



■ School Age Services • 2676013

Enrollment is always open at SAS for children ages 6 - 12. This is a unique program with many exiting activities and clubs. We offer field trips on half a day/no school days. The School Age Services staff welcomes all newcomers to the area to

experience the vigor of the programs offered.

Parents, please join our monthly "Parent Advisory Board" meeting held on the third Thursday of every month. Look for published de-

tails to join our Spring Camp.

You can pick up a registration package and register at the Resource and Referral Office located in Bldg 533 on Camp Zama, or please call 263-4125.

Youth Sports & Fitness Schedules

FOR FEBRUARY:

Baseball, Softball and Hot Shot

Hot Shot T-Ball: 3 - 4

T-Ball: 5 - 6

Coach Pitch (7 - 8)

Baseball: (9 - 10, 11 - 12, 13 - 15)

Softball all girls: (9 - 11 and 12 - 15)

Baseball Season

Registration dates:

1 February - 17 March

(Register at Resource and Referral Office, Bldg 533).

Date of Season:

22 April - 3 June

Date of Clinic:

1 April (Ages: 5 - 15)



広告掲載はぜひビューグルで

「ビューグル」はキャンプ座間、MWRマーケティング部が発行する月刊誌です。毎月初め3,500部の「ビューグル」が、座間基地、相模原住宅、相模デポ、横田基地、横須賀基地、厚木基地、及び山王ホテル、赤坂プレスセンター、アメリカ大使館、根岸住宅等の施設に配布されております。

広告主様より掲載後お客様が増えたと嬉しい報告を受けております。私共の広告掲載料金は他のメディアより安く設定されておりますので、限られた予算の中で大きな効果を上げられると信じております。皆様もこの機会に是非「ビューグル」へ広告掲載をご検討なさってはいかがでしょうか。詳しいお問い合わせはMWRマーケティング部、電話(代)046-251-1788、(内)263-4721、リチャード・ハーン(チーフ)、又は(内)マーケティング部スタッフ 263-8994/3461までお願いします。(日本語、英語どちらでも可。)



\$45

SKIING & SNOWBOARDING

YUZAWA SKI PARK

Saturday, 4 February
4 am - 9 pm

Enjoy an exciting day of skiing and snowboarding at Yuzawa Ski Park. The bus will depart the Youth Center at 4 am and will return at 9 pm. The cost (\$45) includes ski or snowboard rental, transportation and free instruction by a trained professional. You must go to Outdoor Recreation for your equipment 7 days prior to the trip. Sign up at the Resource and Referral Office, Bldg. 533.

S

tarting 1

January, all annual green fee cards will include individual photographs. Please plan on having your photo taken when you pay your annual green fee.



■ Camp Zama Golf Club • 263-4224

<http://www.usarj.army.mil/information/mwr/business/golf/>

NICHIBEI FRIENDSHIP GOLF TOURNAMENT

Thursday, 2 February, 9:30 am, shotgun start. Cost is \$25 for SOFA status personnel. Cost includes golf cart, lunch and prizes. Contact Ernie Harada at 263-4225 to sign up.

PAYDAY SCRAMBLE (FREE)

Friday, 3 February, 11 am, shotgun start. The \$15 entry fee and green fees for non-members are being paid by MWR. Local national employees can play for ¥4,000 and JGSDF can play for ¥2,000.

ATTENTION GHIN SUBSCRIBER

It is now time to renew your GHIN membership for 2006. All subscribers have been deactivated. Please pay the \$20 fee in the pro shop to activate your GHIN membership. The junior fee for 2006 is \$10 (17 and under).

TOMODACHI DAYS

Tomodachi Days in February are as follows:

- 7 February - Tuesday
- 14 February - Tuesday
- 24 February - Friday
- 27 February - Monday

Your Japanese guests (up to three) can play with you for the low fee of ¥4,000 plus cart. This is a significant savings over the regular rate of ¥10,000. Check with starters for tee times.

COMPUTER SWING ANALYSIS

The Zama Golf Club announces "Computer Swing Analysis" using "Total Vision"! Spend an hour with the pros for a detailed analysis of your golf swing using the latest computer technology. Cost is \$50 and includes a take home video tape. Call 263-4224 (Dale Jorgenson) for an appointment.

LEARN TO GOLF ADULT CLASSES - TAKE THE MYSTERY OUT OF GOLF - Session #1



Price Includes - Five group Lessons (Four at the range and one on the golf course) plus four 9-hole rounds of golf. (Golf Cart not included.) Instruction will cover putting, chipping, full swing, rules and etiquette. Course is designed for beginning golfers.

Classes are open to SOFA status and MLC/IHA/HPT or JGSDF patrons only.

Instructors: Dale Jorgenson, Director of Golf
Schad Nii, Assistant Golf Professional

Date: Wednesdays - March 8th, 15th, 22nd, 29th and April 5th

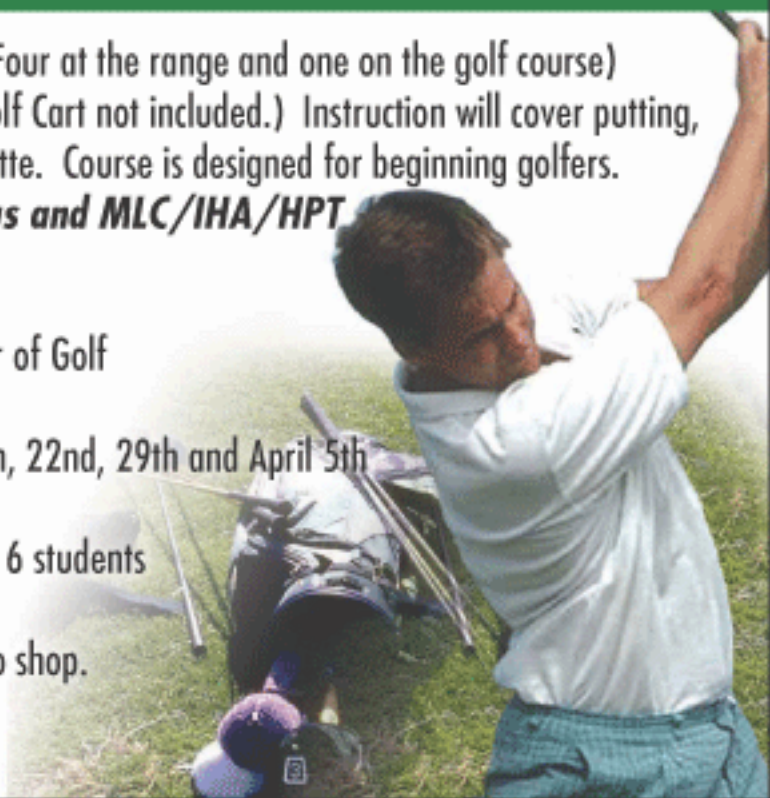
Time: 1600 - 1730 hrs

Class Size: Maximum 16 - Minimum 6 students

Price: \$75

Enroll: Sign up at the golf course pro shop.

Second session starts May 3rd!



GOLF TIP OF THE MONTH

by Dale Jorgenson, Director of Golf

If you play golf long enough, you will find yourself with your ball on a downhill slope around the green. This is especially true at Camp Zama, where several greens have slopes behind them. Don't fret if you find yourself in this position. This is actually one of the easier shots to hit around the green. The biggest mistake I see players make is using a club with too little loft. The downhill lie reduces the loft on the club causing the ball to come out extremely low. You should use a sand wedge, or even a lob wedge (60 degree) if you have one. In photo number 1, I am demonstrating the incorrect way to set up for the shot. Notice in this photo, my weight is on my uphill foot. This leads to thin and fat shots and makes it impossible to swing the club down the slope.



Photo #1

In Photo #2 I have widened my stance which enables me to get my shoulders level to the slope. I have also gripped down on the club for more control. You will want to play the ball in the middle of the stance to achieve the best contact. From this position, I simply make a short pitching type motion and swing the club down the slope. The ball will come out quickly and should run to the hole. Always try to



Photo #2

land the ball on the green if possible. This will eliminate bad bounces you can get when trying to chip through the fringe or rough. With a little practice you will find it quite easy to get the ball close to the hole and save your par.



For more information, 263-4224

Attention!!!

The closure of Yano Pool (including solarium, jacuzzi, steam room, sauna, and tanning) will be extended through 9 February. We will reopen on 10 February.

WANTED

Certified American Red Cross Lifeguards. NAF Flex OI positions are available. Contact NAF Personnel to apply, 263-4845.

■ Sports Office • 263-3954/4664

INVITATIONAL RACQUETBALL TOURNAMENT

There will be an Invitational Racquetball Tournament on Saturday, 11 February at 10:30 am at the Yano Fitness Center. All SOFA status personnel, military retirees, JGSDF, and MLC employees (18 years of age or older and not in high school) are eligible to participate. There will be a men's and women's division. Please register at the Yano Fitness Center issue counter by Thursday, 9 February, 5 pm. There is no fee for this tournament for individuals from the Camp Zama community. For all others, the fee is \$5. For more information, call Andy Abear, 263-7980, or e-mail: andrew.abear@zama.army.mil.

LEARN-TO-SWIM PROGRAM

February Learn-to-Swim classes will begin 11 February. Youth and adult

WANTED

The Yano Fitness Center is looking for the following:

**Aerobic Instructors
Yoga Instructors
Massage Therapist**

Anyone interested, please call the Sports Office at 263-3954/7980.

classes are offered Saturday and Sunday only. Registration is taken at the Yano Fitness Center. Registration deadline is Wednesday, 8 February, by close of business. See flyer for specific details: fees, dates, times, and levels offered.

WATER AEROBICS

Water Aerobics classes: Mondays, Wednesdays, and Fridays, 5 - 6 pm. See flyer for specific details and cost. For more information, contact Kimberly Bailes, 263-5656.

Y A N O F I T N E S S C E N T E R

INVITATIONAL VOLLEYBALL TOURNAMENT

- **Men's & Women's Divisions**
- **Entry fee: \$50 per team.**
- **Type of Competition:**
To be determined by the number of teams entered.
- **Eligibility:** *Open to all varsity level teams (18 years and not in high school).*
- **Awards:** *1st & 2nd place teams.*
- **Entry Deadline:**
Entries are due in the Yano Fitness Center NLT 5 pm, Monday, 20 February. Teams entered will officiate all games.
- **Organizational Meeting:** *There will be an organizational meeting at 10 am, Sunday, 26 February.*

**10:30 am
Sunday
26 February**

***For more info, please contact Andy Abear at 263-7980.**

■ Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>



NEW MCNAUGHTON BOOKS

- The Lincoln Lawyer by Connelly, Michael (Best-seller)
- The Year of Magical Thinking by Didion, Joan (Best-seller)
- Team of Rivals by Goodwin, Doris Kearns (Best-seller)
- Consent to Kill by Flynn, Vinve (Best-seller)
- Knife of Dreams by Jordan, Robert (Best-seller)
- Eldest by Paolini, Christopher (Best-seller)

- Toxic Bachelors by Steel, Danielle (Best-seller)
- Healthy Aging by Weil, Andrew (Best-seller)
- School Days by Parker, Robert B.
- Shalimar the Crown by Rushdie, Salman
- Lipstick Jungle by Bushnell, Candace

NEW DVDS

- Ace High Western
- The Boume Supremacy .. Thriller
- CSI: Miami Suspense
- Hello Kitty Saves the Day Children
- Hulk Sci-Fiction
- The Three Stooges Comedy
- Europe to the Max: The Heart of France Travel

WANTED

The Yano Fitness Center is looking for the following:

- Fitness/Life-style Consultant
- Acupuncture/Moxa, Massage Therapist and Meridian Foot Care Specialist

Anyone interested, please call Willis Wheeler, NAF Contracting Office, 263-4986, or email willis.wheeler@zama.army.mil

Lifeguard Instructor Course 20 March - 8 April

Registration Deadline:
15 March

All days and times are inclusive in the course.
Mondays,
Wednesdays, and
Thursdays, 5 - 9 pm,
and Saturdays,
9 am - 6 pm. See flyer
for prerequisites,
required materials,
and cost.

For more information, contact
Kimberly Bales at 263-5656



“See the Bugle for the
advertisement”.

“See the Bugle for the
advertisement”.

C

heck out EDA's!!!

A touch of elegance, featuring quality meals and service.

Something for everyone!

Reservations are encouraged.

Dress code is business

casual, no tie or jacket

required. Open Thursday and

Sunday from 5 - 8 pm; Friday

and Saturday, 5 - 9 pm.



Meet Stephen Triggs, our new
Camp Zama Community Club
General Manager

Firelite Lounge

Variety Music w/DJ

Sunday, 19 February
9 pm - 1 am

For more information, 263-4133

■ Camp Zama Community Club

• 263-4133

LUNCH

Sunday

Sunday Brunch (10 am - 1:30 pm)

Adult: \$12.95

Youth 8 - 12: \$4.95

Youth 4 - 7: \$2.50

3 and under: Free

Tuesday

7 Italian Sausage and Peppers

14 Mexican Chicken

21 Hot Turkey Sandwich
(regular bread)

28 BBQ Beef on a bun

Wednesday

1 Baked Fish, Lemon
Butter Sauce

8 Hamburger Steak
w/Mushroom Sauce

15 Stuffed Cabbage Roll

22 Marbou Tofu

Thursday

2 Spicy Chicken w/vegetables

LUNCH

9 Tandori Chicken Kebob
on Rice Pilaf

16 Pork and Ham Chop Suey

23 Yankee Pot Roast Beef

Friday - Smorgasbord

3 • Beef Pot Pie
(Hotel Pan Buffet Style)

• Baked Herbed Chicken

• Oven Roasted Potatoes

10 • Chicken Fajita

• Beef Enchiladas

• Burritos

• Mexican Rice

17 • Black History Lunch Buffet

24 • Port Curry

• Tandoori Chicken

• Keyma Curry
(ground beef and
vegetables)

• White Rice

Saturday - No Lunch

C a m p Z a m a C o m m u n i t y C l u b

Thursday Night Special

Adult: \$10.95

Youth 4 - 7: \$3.95

8 - 12: \$5.95

Under 4: FREE

• All you can eat pasta, pizza,
soup and salad bar.

• We are offering four
different pizza toppings
and 10 - 15 different kinds
of salad.

*** For more information, phone 263-4133 ***



DINNER MENU

Sunday

- 2 for 1 Steak Night (good for "Steak of the Night" only).
- Limited Menu

Monday - Closed

6 Super Bowl Party

Tuesday

Limited Menu

2 for One

(Family Night Dinner)

Includes soup, salad bar, hot vegetable of the day and your choice of baked potato, rice, mashed potato or fries.

- 7 • Spaghetti Vongole
- Fish Florentine
- Roasted chicken
- Mock Fillet
- 14 • Pasta Peacatore
- Sliced Roast Beef
- Roasted Chicken
- Sweet Sour Fish
- 21 • Seafood Doria
- London Broil

CLUB CLOSURE

On Monday, 20 February, CZCC is closed for the President's day.

... Continental Breakfast will be at Zama Lodging...

DINNER MENU

- Roasted Chicken
- Southern Fried Chicken
- 28 • Shrimp Etouffee
- Chicken Fried Steak
- Roasted Chicken
- Bibin Ban

Wednesday (5 - 9 pm)

- Mongolian BBQ
- Limited Menu

Thursday

- Regular Menu
 - "All You Can Eat Pasta, Pizza, Soup and Salad Bar"
- Adult: \$10.95
8 - 12: \$5.95
4 - 7: \$3.95
3 and under: Free

Friday

- 3 Regular Menu (5 - 10 pm)

DINNER MENU

- Chef's Special Eda's (5 - 9 pm)
- Limited Menu

17 Regular Menu (5 - 10 pm)

Chef's Special Eda's (5 - 9 pm)

24 Community Night

Regular Menu (5 - 10 pm)

Chef's Special Eda's (5 - 9 pm)

Saturday

- Regular Menu
- Prime Rib Dinner
- 6 oz Prime Rib and Shrimp Scampi

11 Valentine's Day Dinner (Eda's) (\$50 per person)

Our regular menu will be offered in addition to the above specials on Saturday night.

Camp Zama Community Club • Firelite Lounge

USAR-J

COMMUNITY NIGHT

Friday • 24 February, 5 - 8 pm

Lots of finger foods, karaoke.

At the door: \$5.00
Advance ticket: \$3.00

Information: 263-4547

CAMP ZAMA COMMUNITY CLUB

Come try our new BINGO program.

New

\$10,000.00

BINGO

Thursday: Cards go on sale at 6 pm.
First game starts at 7 pm.

Sunday: Cards go on sale at 5 pm.
First game starts at 6 pm.

• Progressive SR jackpot \$10,000.00 starting with 48 numbers and every Sunday will go up 1 number.

For more information, please call 263-4547.

W

ednesday
night is family night
(movie for adults and
youth).

We will be closed on 6
February for the Super
Bowl Party at the Camp
Zama Community Club.
Please join us.

In observance of
President's Day, we will
be closed on 20
February. Please do not
forget about "YOUR"
sweetheart on Valentines
Day (14 February).

Sagami Lounge

Depot Burger Challenge



Welcome all challengers!!!
Is the Depot Burger too
much for you? Stop by and
let's see if you can
challenge to be our
"Champion" for 2006!

CHAMP!



David Popovich
US Air Force - Yokota
Topped off an entire
6-Patty Depot Burger!

2006 11 18

■ **Sagami Lounge** • 268-4954/4847
Orders: 268-4142

LUNCHES

MONDAY

- 6 Closed
- 13 Tandori Chicken
w/Curry Sauce
- 20 Closed
- 27 Chicken Cordon Bleu

TUESDAY

- 7 Smoked Ham Steak
Cajun Style
- 14 All-U-Can Eat
American Buffet
- 21 German Meat Loaf
- 28 All-U-Can Eat
Mexican Buffet

WEDNESDAY

- 1 Cajun Pork Roast
- 8 Hungarian Beef Stew
- 15 Hamburger Steak w/Cheese
- 22 Lasagna w/Garlic Toast

THURSDAY

- 2 Chicken Pompadore
- 9 Lasagna w/Garlic Toast
- 16 Pork Stew Okinawa Style on
Butter Rice
- 23 Oriental Teriyaki Meatballs

FRIDAY

- 3 Seafood Platter
- 10 Deep Fried Catfish
w/Rainbow Sauce
- 17 Baked Stuffed Salmon
- 24 Okinawa Chicken Taco Rice

DINNER SPECIALS

TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$7.50)

- 7 Mexican Dinner Special
- 14 BBQ Dinner Special
- 21 Japanese Dinner Special
- 28 Pizza and Pasta Dinner
Special

WEDNESDAY NIGHT

Family night movies for adults
and youth (1, 8, 15 and 22 Febru-
ary) regular dinner menu. Choose
your discount.

THURSDAY NIGHT (CHEF'S DINNER SPECIALS)

- 2 Salmon En Crout and Shrimp
- 9 Korean Hamburger Steak
- 16 Beef Steak Chasseur
- 23 Japanese Style Fried Chicken

FRIDAY NIGHT

- 3 Steak and Lobster Tail (\$25)
- 10 Prime Rib Set (\$20)
- 17 Steak and Crab Legs (\$25)
- 24 Steak and Shrimp Set (\$20)

SATURDAY NIGHT (MONGOLIAN BBQ)

Saturday, 4, 11, 18 and 25
February.

S a g a m i L o u n g e February Activities



- Friday, 3 February, 8 pm, 70's and 80's
Old School Music w/DJ
- Friday, 10 February, 8 pm, Country
Music, w/DJ
- Friday, 17 February, 8 pm, 70's
and 80's Old School Music w/DJ
- Friday, 24 February, 8 pm,
Country Music w/DJ

For more information, 268-4954

■ Zama Bowling Center • 263-4780

THIS MONTH'S SCHEDULE

• **King of the Hill Tournament**

Sunday, 5 February, 11 am - 5 pm.

• **No Tap Tournament**

Sunday, 19 February, starts at noon - 5 pm.

• **Free Bowling at Lunch Time**

Monday - Friday, 11:30 am - 1 pm w/lunch purchase of \$4.50.

• **Free Family Time Bowling**

Wednesdays, 3 pm thru closing (6 free game limit).

• **Prepaid Bowling Cards**

Pre-paid bowling cards are available. Adult, 10 games for \$15; youth, 10 games for \$5 (a saving of \$2.50).

BOWLING TIP OF THE MONTH

"Balance Body for Solid Finish".

On the last step, bend your knee to get down lower to the lane and slide your foot straight towards the foul

line, making sure it doesn't turn. Think of it as sliding into a deep knee bend. Counter balance your

body by moving your non-sliding leg sideways to the opposite side of your bowling arm.



Valentine's Day
Scotch Doubles "Mixed Couples"
Tournament
6 - 10 February

Enter as many time as you want with the same partner or a different partner. Check Zama Bowling Center for bowling schedule.

For more information, phone 263-4780



DIRECTORATE OF MORALE,
WELFARE AND RECREATION

"SMOKE FREE"

By Executive Order, all
MWR Facilities are
"Smoke Free"

BOWLING TRIVIA

In the Flinstones, what was the name of the Bowling Center that Fred and Barney frequented? And what was the name of the bowling team that they were on?

Complete the entry form side and drop it in the Trivia Answer Box at the Zama Bowling Center. A drawing will be held at the end of the month (28 February) for a Zama Bowling Center shirt.

Zama Bowling Center

Date: _____

Name: _____

Phone #: _____

E-mail: _____

Answer 1: _____

Answer 2: _____



Mardi Gras
extreme
Bowling Party

25 February, 7 - 10 pm

For more information, phone 263-4780

“See the Bugle for the
advertisement”.

■ Chapel Activities • 263-4898

CATHOLIC SERVICES

Mondays - Thursdays, noon - 12:15, daily Mass, Blessed Sacrament, Chapel

Sundays, 9:15 am, Mass, Zama Chapel

Childcare is provided for children up to 36 months from 9 - 10:30 am in Bldg. 502 (building next to the chapel parking lot).

Sundays, 11 am, CCD, Religious Education Center

1st Friday, 7 pm, Our Lady's Rosary Makers, Religious Education Center

3rd Thursday, 6:30 pm, CWOC, Zama Chapel

PROTESTANT SERVICES

Sundays, 9 am, Sunday School / Team-Kid, Religious Education Center

Sundays, 11 am, Worship Service, Zama Chapel

A nursery is provided for children up to 36 months in Zama CDS, Bldg. 502, during the time of Sunday Services only.

Sundays, 5:30 pm, Youth Group, Chapel Annex

SAGAMIHARA INSPIRATIONAL SERVICES

Sundays, 9 am, Sunday School, Sagamihara Chapel

Sundays, 10:30 am, Worship Service, Sagamihara Chapel

PENTECOSTAL WORSHIP SERVICE

Sundays, 8 am, Worship service, SHA Chapel

SEVENTH DAY ADVENTIST SERVICES

Saturdays, 9:15 am, Sabbath Worship Service, Zama Chapel

Wednesdays, 6:30 pm, Prayer Meeting Service

Fridays, 6:30 pm, Vespers Service, contact Mr. Gilman at 263-9004 (W) or 046-293-0156 (H)

JEWISH SERVICES

2nd and 4th Friday, 5:30 pm, Yokosuka Naval Base Chapel, LTJG Pilatto at 243-6477.

ECKANKAR

An introduction to Eckankar, religion of the light and sound, in the Religious Education Center. All are welcome. For more information, call Sue, 263-7858.

BUDDHIST SERVICES

(Soka Gakkai International)

Mondays and Fridays, 7 pm, discussion and meditation, SHA Chapel,

contact Mr. or Mrs. Fulford at 046-257-0613.

ON GOING BIBLE STUDIES

Thursdays, 9:30 am, PWOC (Protestant Women of the Chapel) Bible Study, Lisa Gray at 267-6565.

Thursdays, 6 - 8 pm, PWOC Bible Study, Zama Chapel, Lisa Gray at 267-6565.

CHAPEL ACTIVITIES IN MARCH

1 March, noon, Ash Wednesday Mass, Zama Chapel.

The Zama Chapel community has many other programs for you and your family (bible studies, youth groups, men's groups, women's groups, music programs). If you desire more information, please call the chapel at 263-4898.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS) (The Mormons)

Sunday Services, 2 - 5 pm at the LDS Chapel on Highway 16.

Tuesday Night Youth Service, 7 pm at the SHA Chapel.



MAJOR MWR EVENTS FORTHCOMING

To assist you with your planning and participation in future MWR programs and events, the following will be conducted during the next several months:

- Oriental Bazaar 4 - 5 March
- Army Family Action Symposium 28 - 31 March
- Payday Scramble 31 March
- Cherry Blossom Festival 8 April
- Youth and Adult Cherry Blossom Run / Walk Events 8 April
- Easter Egg Hunt 15 April
- Volunteer Recognition Ceremony 21 April
- Half Marathon (Depot) 23 April
("free" to SOFA status personnel)
(registration cutoff date is 31 March --see March Bugle for details).



F

amily Advocacy Program.

The Family Advocacy Program provides services that are designed to prevent spouse and child abuse. The prevention of family violence is a community responsibility. If you, your unit, or organization would like to schedule a class, workshop or seminar contact Family Advocacy at 263-8327.

The Reporting Point of Contact (RPOC) for suspected child or spouse abuse is the Military Police at 263-3002. If you have questions regarding child or spouse abuse call 263-8327.

■ Army Community Service • 263-8327

RELOCATION READINESS, 263-2382

• *Medical Morning and Community Tour*

Health care professionals provide information about medical care and counseling services. A pharmacy class, mandatory for over the counter medications, will be held on 15 February in the ACS Community Room, 8 - 11 am. The orientation is mandatory for military and civilian personnel. Adult family members may also attend. IN/OUT Processing Office (263-4122) will schedule attendees. A community bus tour from 11 am - 2:30 pm will be conducted immediately following the briefing. Call ACS at 263-8327 to register (tour only). Lunch will be provided.

• *Newcomer's Train Class Parts I and II*

PART I is Thursday, 16 February, 6 - 8 pm, in the ACS Community Room, Building 402. This class will teach you how to read the signs in the stations, buy train tickets, and more.

PART II is Saturday, 18 February, at 9 am. Practice how to travel by train and subway. Travel to Tokyo, stop for lunch at the New Sanno Hotel

and shop in Shinjuku. Children and family members are welcome; bring about ¥1,300 per person for transportation expenses. All attendees should meet at gate 4.

• *English Teachers Network*

Meet on 16 February, noon - 1 pm. Teaching English in Japan can be fun and rewarding. Find out how to recruit students, what fees to charge, where to buy materials, and meet with others who have experience teaching.

• *Shopping on the Economy*

On 17 February our Japanese experts will take you on a guided tour of a local supermarket and to the ¥100 Shop in Machida. Bring ¥400 for transportation and extra for purchases. Departs Gate 4 at 9:45 am. Children are welcome.

• *English Language Class*

Improve your English language skills? A Basic English Language Class is held every Monday from 10 am - noon in the ACS Outreach Room, Bldg. 402.

• *Japanese Language Class*

Frustrated when you go out the gate and can't communicate? Join our class taught by a native Japanese speaker on Wednesdays from 10 am - noon in the ACS Outreach Room, Bldg 402.



NEWCOMER'S ORIENTATION

Tuesday, 14 February, 8:30 am - 3:30 pm, Camp Zama Community Cultural Center

All newcomers are invited to attend the Newcomer's Orientation on Tuesday, 14 February, 8:30 am - 3:30 pm at the Camp Zama Cultural Center. The program will begin with a welcome by the Commanding General and Garrison Commander. Several presenters will provide an overview of the policies, programs, and services at Camp Zama. An information fair will be conducted during this time which will offer participants an opportunity to meet community representatives and managers from MWR facilities, DoDDs, AAFES, Commissary, Private Organizations and more. The orientation also includes a bus tour, and a "Taste of Japan" luncheon. This program is mandatory for military and civilian personnel. Adult family members are encouraged to attend.

"See the Bugle for the advertisement".

• **Sponsorship Training, 263-2382**

Sponsorship training is held the 2nd Thursday of the month at ACS from 1:30 - 2:30 pm in the Outreach Room. This training is mandatory for Soldiers and civilians who are assigned as sponsors.

• **Knitting Class, 263-2372**

ACS offers a knitting/crochet class every Tuesday from 9:30 - 11:30 am in the ACS Outreach Room, Bldg. 402. Stop by and talk to our instructor to get some ideas!

• **Space A Brief**

Have you always wondered how you can fly for Free? Come to ACS on 23 February at 11:30 am and listen to the Yokota AMC representatives as they tell you everything you need to know to travel Space A. The briefing will be held in the ACS Community Room, Bldg. 402.

MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-8089

• **Unit Mobilization/Deployment Readiness Training**

Please contact 263-5550 to schedule training.

• **Pre-deployment and Ongoing Readiness Training, 263-5550**

This training is designed to help all deploying military, civilians, and their families prepare for a less stressful and more successful deployment. ACS offers this training the 2nd Thursday of the month from 3 - 4 pm in the ACS Outreach Room.

• **Deployment Readiness Support Group, 263-5550**

If your spouse is deployed, join the support group held the 2nd Thursday of the month from 5:30 - 6:30 pm in the ACS Community Room, Bldg. 402.

• **Army Family Team Building (AFTB), 263-5550**

Did you know that you can take Army Family Team Building courses on line? Levels I, II, and III are all available at your fingertips! Just log onto www.aftb.org and register.

• **Army Family Action Plan (AFAP), 263-5550**

Have an issue or suggestion on how to improve the quality of life for the

New Parent Support Program

The NPSP specializes in assisting and offering services to new and expecting parents.



- Play Morning is an interactive play group for parents and children aged birth - 6 years. Held every Tuesday, 9:30 - 11 am, at Zama Chapel Child Care Center and every 2nd, 3rd and 4th Thursday, 9:30 - 11 am, at SHA CDC.
- Parenting Workshop: 27 February, 9 am at ACS, "Keeping Children Safe".

For more information, phone 263-3638

community? The Army Family Action Plan wants to hear about it! Just log onto <http://www.mwrjapan.jp.pac.army.mil/>

and click on "Submit a 06 AFAP Community Idea/Concern". Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager.

• **AER / Financial / Employment**

The next 1st Termers' Class will be held on 14 February in the ACS Community Room, 8:30 am - 3 pm. For more information, contact Timothy Toney at 263-8091.

EXCEPTIONAL FAMILY MEMBER PROGRAM.

The Camp Zama Exceptional Family Member Program (EFMP) provides advocacy and assistance to service members who have family members with special needs. Any family member who requires special medical or educational services must be enrolled. Medical or educational needs that qualify for enrollment include, but are not limited to, Attention Deficit Hyperactivity Disorder, Asthma, Diabetes, Learning Disorders, Down Syndrome, and Mental Illness, including treatment for anxiety or depression. The "Monthly Parent Support Group", a forum to exchange ideas and share experiences, meets every 3rd Tuesday of each month at ACS from noon - 1 pm. Stop by ACS and get information on National Heart Health Month from ACS EFMP Co-

ordinator or call 263-4785.

COMMUNITY LIFE OFFICE, 263-5550

• **Volunteer Information**

Learn new skills, meet new people, explore new career fields, and make a difference by entering the exciting world of volunteerism. To become a Camp Zama volunteer, contact your Army Volunteer Corps Coordinator.

• **Community Information Exchange (CIE)**

The Community Information Exchange is held monthly and it enables community leaders, command spouses, FRG representatives, unit representatives, organization leaders and any military or civilian who would like to attend to come together to share information. The next meeting is 22 February.

INFORMATION AND REFERRAL, 263-4572

Information and Referral (I&R) provides information and maps on local, public, private and voluntary agencies and organizations on Camp Zama, military installations throughout Japan, and the local Japanese economy. I&R also conducts initial customer assessment of a general and personal nature and provides confidential client intake services, crisis intervention, and referral and follow-up assistance. I&R provides a vital link between people who need help and the organizations who provide that help.

T

orii Beach

Cabins, phone 644-4290 for reservations.

Each cabin will sleep up to six people (max 4 adults), and is available for rent seven days per week. Each cabin includes amenities such as a private bathroom, refrigerator, microwave, coffee maker, television, DVD player and BBQ grill. Visit the Torii Scuba Locker to check in/out. Check-in time is 3 -5 pm, Thursday - Monday. Check-out time is 11 am. \$50 per night.

■ Torii Station, Okinawa MWR Activities • 644-4270

**ARMY COMMUNITY SERVICE,
644-4110**

• **Family Advocacy, 644-4106**

The Family Advocacy Program goal is to promote healthy families. Family Advocacy focuses on prevention, intervention and treatment of domestic violence. The Reporting Point of Contact for suspected child or spouse abuse is the Military Police at 644-4715. The Sexual Assault Response Coordinator (SARC) can be reached at 090-6861-6149 24 hours a day. Information about restricted and unrestricted reporting of sexual assault can be obtained from the SARC at 644-4908.

• **Exceptional Family Member Program, 644-4106**

The Army Exceptional Family Member Program (EFMP) is designed to assist families and support command readiness. Enrollment in the EFMP helps to ensure that service members are stationed where their families' special needs can be met. Special needs are ongoing needs for medical treatment, psychological services and/or special education.

• **Relocation Readiness Assistance Program 644-4385**

* Relocation Assistance

The Relocation Program assists Soldiers and their family members throughout their mobile military lifestyles. Relocation provides assistance to inbound and outbound individuals. Services include Newcomers Orientation, Welcome Packets, Loan Closet, Sponsorship Training and information about military installations worldwide.

* Welcome Packet

If you are new to Okinawa, or are sponsoring a new Soldier or family, ACS has information that will help make any Soldier's experience on Okinawa a more pleasant one. Please call ahead if more than 2 - 3 packets are needed.

* Loan Closet

ACS operates a Loan Closet for Soldiers, family members, and civilians in transition (incoming / outgoing). The items are loaned at no charge for up to 30 days. Extensions are granted if additional time is needed.

..... Torii Station Coral Cove Club

SUPER BOWL PARTY

MONDAY, 6 FEBRUARY 2006
7:30 AM TO END OF GAME • KICKOFF AT 8 AM



FREE Breakfast
7:30 am - 10 am

FREE Snacks
10 am - end of game

Drink Specials

Door Prizes



"See the Bugle for the advertisement".

*** Sponsorship Training**

Learn to be an efficient and effective sponsor to enhance the next incoming person's relocation experience. This training mandatory for all Soldiers and civilians who will be tasked to be a sponsor. Training can be conducted for an individual or in a group session, as needed by the units.

The next Sponsorship Training will be held on 15 February from 9 - 10 am in the ACS classroom, Bldg 236. Please register by 10 February.

• Outreach/IVC Programs, 644-4116

A Deployed spouses luncheon will be held February 27 at the Torii Chapel Annex from 10 am - 1 pm. Two classes will be offered in conjunction with the lunch.

*** Deployment Packets**

ACS offers deployment packets to spouses of deployed Soldiers that can help you deal with deployment and reunion issues. ACS also has coloring books and letter writing kits for the children.

*** Employment Assistance**

ACS provides assistance with resume writing and interviewing skills. ACS also provides a listing of jobs that are available on Okinawa.

• Financial Readiness Program, 644-4454

*** Budgeting and Checkbook Management**

Come learn how to figure your debt / income ratio. Learn to budget your finances and plan for your future. This class will also cover basic check writing and reconciling using monthly bank statements. The class is in the ACS Conference Room, Building 236, on 1 February from 9 - 11 am.

*** Financial Planning and Basic Investing Class**

The key to good investing is to have a good financial plan, and we have the class for you. The Financial Planning and Investing Class will be held 8 February, 9 - 11 am, in the ACS Conference Room, Bldg. 236.

*** FSSA (Family Subsistence Supplemental Allowance)**

FSSA was created by Congress to address the problem of service members having to use food stamps. If you are a lower enlisted Soldier with a large household, you could be eligible for this program.

*** Consumer Affairs Program**

This program was designed to help military families who have been treated unfairly. The unfair treatment may have occurred at the hands of an insurance agent, financial planner, sales personnel or others. If you fall into this category please see the Financial Readiness Program Manager, or phone 644-4378 for assistance.

• Army Family Team Building, 644-4743

If you want to get involved in your Army community, come by and get acquainted with our AFTB Program at ACS. We offer great training and some fun and exciting activities that will help make being part of the Army Family a happy and enriching time.

* AFTB Instructor Training will be held 8 - 10 March, at ACS. The training will cover Methods of Instruction, Platform Skills, Speaking on Your Feet, and Classroom Management.

* AFTB Level 1 Course will be held 21 - 22 March at ACS. These classes offer a lot of helpful information and an opportunity to learn new skills in support of a positive Army family experience.

*** Army Family Action Plan**

The Army Family Action Plan Conference for Army Okinawa will take place on 7 - 8 February. Units have selected delegate representatives for the conference. Issues may be submitted through unit delegates or sent directly to

Deborah.Coubrough@okinawa.army.mil at any time throughout the year. Watch for further information regarding specifics of the next conference which will be e-mailed and advertised on posters and flyers. Support this forum designed to impact on quality of life for Soldiers, civilians and family members.

*** ESL Class**

English as a Second Language (ESL) classes will meet on Thursdays at the ACS Conference Room in Building 236 from 9:30 - 11:30 am throughout February and March. Please call 644-4743 or email

Deborah.Coubrough@okinawa.army.mil for further information or to register. Classes are free and workbooks will be provided.

SPORTS, 644-4334

Army on Okinawa Intramural Basketball League

When: 9 February 14 April

Where: Torii Station Gymnasium

Application deadline: Monday, 6 February

Organization meeting: Thursday, 9

**TORII STATION
NEWCOMER'S ORIENTATION**
(Installation and local community information).
Tuesday, 7 February, 8:30 am - 12:30 pm
ACS Conference Room

This briefing is mandatory for all Soldiers and civilians new to Okinawa. Spouses are welcome and encouraged to attend.

Receive free childcare by calling ACS at 644-4116. Come early, 8:30 am; a continental breakfast will be provided.

"See the Bugle for the advertisement".

■ Torii Station, Okinawa MWR Activities • 644-4270

February at 2 pm.

Pick up an application at the Torii Physical Fitness Center today! Games are held weekdays, 6 - 8 pm. For more information, call 644-4334 or e-mail

james.perry@okinawa.army.mil

To participate in our monthly Pay-day Golf Scramble, Sign up at the Torii Physical Fitness Center, Bldg 275.

CORAL COVE CLUB, 644-4017

All you can eat "Pasta Bar".

Every Tuesday, 4 - 10 pm, only \$6.95, in the Seaview Lounge at the Coral Cove Community Club. Two kinds of pasta, marinara and alfredo sauces, a selection of meats and vegetables, garlic bread and a glass of wine.

*** Sunday Brunch**

The buffet includes all of your breakfast favorites and an omelet station for only \$6.95. Children under 12: \$3.95, and children under 5 eat free

FREE MOVIES

Free movies are showing at the Coral Cove Club. Look for schedules in the "Island Market" and "This Week on Okinawa".

ARTS AND CRAFTS CENTER, 644-4303

Monday, Thursday and Friday:
noon - 8 pm

Saturday and Sunday:

9 am - 5 pm

Tuesday, Wednesday and Holidays:
Closed

*** Classes and Services**

Framing and matting classes are available for all military patrons and family members. The wood working and ceramics departments are also available for your use.

LIBRARY, 644-4468

Enjoy the best DVD collection on Okinawa! Hours are Tuesday through Saturday, 10 am - 7 pm.

AUTO CRAFT CENTER, 644-5612

The Auto Skills Center and its staff of professionally trained mechanics are available to help you solve your automotive problems.

HOURS OF OPERATION:

Tue and Wed,	CLOSED
Thu, Fri, Mon,	11 am - 8 pm
Sat and Sun,	9 am - 6 pm

PLEASE NOTE:

Clean up starts a half hour before closing.

*** Safety Orientation:**

Safety orientations are held daily. This orientation is required before using the Auto Skills Center. This orientation is documented with a DA 3031-1 Qualifications Card.

*** Auto Inspection**

We cannot do the actual inspection

but our staff can help you get ready for the inspection and lower your costs by eliminating common problems through a pre-inspection service.

*** Film Service**

Protect your interior from the destructive UV rays with the installation of sun blocking film. Prices vary with the model of vehicle and reservations are required.

*** Parking / Vehicle Storage**

We offer both long and short term parking options for cars and motorcycles.

Indoor typhoon parking \$10 (\$5 Motorcycle)

TDY parking \$20 (TDY orders are required)

Other than typhoon and TDY

Indoor, \$10 per night

Outdoor, 5 days \$20

*** Towing Service**

Please check with our staff.

OUTDOOR RECREATION, 644-4698

Hours of Operation (winter):

Open 7 days a week, 8 am - 5 pm

Make reservations to use facilities at the Beach Office, Bldg T301.

Pavilions (BBQ grill is included)

Small: \$25

Medium: \$30

Large: \$40

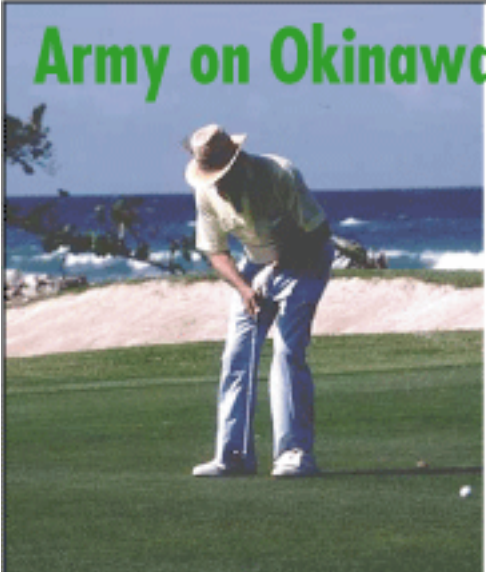
* Torii Beach South Camping Area: Enjoy the Torii Beach camping area for only \$5 a lot in the South camping area (for family use). Cost includes a BBQ grill.

* Bicycle rental, \$6 per day

Explore Torii Beach.

SCUBA LOCKER, 644-4290

The water may have cooled, but you can still stay warm with a new 5/4mm wetsuit. Check out all new 06 products that are starting to arrive weekly. We are now on our winter operating schedule: Thursday through Monday, 9 am - 5 pm. As always, the Scuba Locker offers free air fills to all ID card holders?



Army on Okinawa Golf Activity

Monday, 6 February
Banyan Tree Golf Course

The February Army Golf Program is being offered at a reduced price to all Army SOFA status patrons. To register, visit the Torii Physical Fitness Center, pay the \$10 fee, and submit required signature. Space available is limited to the first 20 teams / 80 participants.

For more information, call 644-4334 or e-mail james.perry@okinawa.army.mil

■ Outdoor Rec. & Local Tours • 263-4671

FEBRUARY TOURS & EVENTS

• *Nature/Bird Walk with Susan*
(Yatoyama Park)
Saturday, 4 February
Depart: 8:30 am • Return: 11:30 am

• *Snow Shoeing (Daimaru Course)*
Saturday, 4 February
Depart: 5 am • Return: 7 pm

• *Rock Climbing (Izu Joyama)*
Saturday, 4 February
Depart: 5 am • Return: 7 pm

• *WWE Wrestling in Yokohama*
Saturday, 4 February
Depart: 4 pm

• *Sumo Tournament*
Sunday, 5 February
Depart: 9 am • Return: 7:30 pm

• *Hello Kitty Land*
Sunday, 5 February
Depart: 9 am • Return: 6 pm

• *Yokohama Circus*
& *MM21 Shopping*
Saturday, 11 February
Depart: 9 am • Return: 4:30 pm

• *Ski/Snowboard Trip (Iwappara)*
Saturday, 11 February
Depart: 4 am • Return: 9 pm

• *Sled Riding at Hakone*
Sunday, 12 February
Depart: 8 am • Return: 5 pm

• *Valentine Dinner*
at *Land Mark Tower*
Tuesday, 14 February
Depart: 4:30 pm • Return: 10:30 pm

• *Oedo Evening Onsen Monogatari*
Friday, 17 February
Depart: 4 pm • Return: 11:30 pm

• *Snow Shoeing (Unryu Valley)*
Saturday, 18 February
Depart: 5 am • Return: 7 pm

• *Sportsland Ice Skating*
Saturday, 18 February
Depart: 9 am • Return: 6 pm

• *JGP Orchid Show 2006*
Sunday, 19 February
Depart: 8:30 am • Return: 4:30 pm

• *Overnight Ski Trip (Naeba)*
Sun-Mon, 19-20 February
Depart: 4 am (Sun)
Return: 9 pm (Mon)

• *Tokyo Disneyland/DisneySea*
Monday, 20 February
Depart: 7 am • Return: 11:30 pm

• *Ski & Soak for Beginners*
(Fujimikogen)
Saturday, 25 February
Depart: 6 am • Return: 7:30 pm

• *Zoo-Rasia*
Saturday, 25 February
Depart: 9:30 am • Return: 3:30 pm

• *Ski/Snowboard Trip (Yatsugatake)*
Sunday, 26 February
Depart: 5 am • Return: 9 pm

• *New Sanno Brunch*
& *Ebisu Garden Place*
Sunday, 26 February
Depart: 8 am • Return: 6 pm



**Better Opportunity for
Single Service Member**

MEETINGS

**All meetings are at 2 pm
at the CCC..*

- **Tuesday, 14 February**
- **Tuesday, 28 February**

ZAMA



ITT

April 2006

Best Of China • Discover Tibet • Exotic Asia
Northern Thailand Adventure • Explore Northern India
Cairns Adventure • Best Of Australia • Vietnam & Cambodia Heritage

Contact Us For Inquiries And Details!

Spring escapades



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E-Mail travel@zamaitt.com • Website <http://zamaitt.com>



Directory of MWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611

Army Community Services Branch

- **Army Community Services** 263-8327
Mon, Tue, Thu, Fri 0700-1700
Wed 0700-1500

ZAMA Golf Club

- Director of Golf 263-4224
- Administrative Office 263-4966
- (All the following golf activities are open during lunch).
- Course/Starter 263-4975
Mon-Fri 0700-1700
Weekends & US / Japanese Holidays 0600-1700
- Restaurant** 263-7665
Mon, Tue, Thu, Fri 0630-1700
Wed 0630-1800
Weekends & US / Japanese Holidays 0530-1700
- Pro Shop** 263-5284
Mon-Fri 0645-1700
Weekends & US / Japanese Holidays 0545-1700
- Driving Range** Unattended
Wed - Sat Sunrise-2200
Mon Sunrise-1930
Tuesday 1000-2200
Sun 1600-2200
- Chip Inn & Snack Stand** 263-5834
Mon-Fri 0800-1600
Weekends & Hol. 0700-1500

Community Operations Division

- **ADMINISTRATIVE OFFICE** 263-4452
263-5614
- **BOWLING CENTER ZAMA** 263-4780
Mon-Wed, Sat-Sun 1100-2200
Thu & Fri 1100-2230
Holidays Closed
- **BOWLING CENTER DEPOT** 268-4954/4606
Tue - Sat 1100-2000
Sun - Mon Closed
- **ZAMA COMMUNITY CLUB** 263-4133
Lunch
Tue-Thu 1045-1315
Sunday Brunch 1000-1330
- Cashier & Game Rooms**
Sun-Thu 1000-2300
Fri 1000-0230
Sat 1000-0200
- Catering** 263-4204
Tue, Thu & Fri 0930-1730
Wed Apts Only
- Café Roberto**
Tue-Thu & Sun 1100-2200
Fri 1100-0100
Sat 1100-0100
- Cornerstone Game Room (no bar)**
Tue-Thu & Sun 1000-2300
Fri 1000-0300
Sat 1000-0230
- Eda's Seafood & Filet**
Thu & Sun 1700-2100
Fri & Sat 1700-2200
- Firelite Lounge**
Tue-Thu & Sun 1630-2300
Fri 1630-0300
Sat 1900-0230
- USA Dining Room**
Tue, Thu & Sun 1700-2100
Wed Closed
Fri-Sat 1700-2200
- **HOB NOB INN** 267-6097
Lounge & Game Room
Mon, Tue-Thu 1630 - 2100
Wed 1630 - 2300
Fri, Sat 1630 - 0100
Sat 1900 - 0100
Sun Closed
- Restaurant (Closed)**

■ SAGAMI LOUNGE 268-4954 268-4142

- Take Out**
- Lunch** Mon-Fri 1100-1300
- Dinner** Tue-Sat 1700-2000
- Lounge/Game Room**
Tue-Thu 1100-2200
Fri 1100-2400
Sat 1630-2300
Open during lunch

Community Recreation Division

- **ADMINISTRATIVE OFFICE** 263-7935
- **ARTS & CRAFTS CENTER** 263-4412
Mon-Tue Closed
Wed-Thu 1300-2100
Fri, Sat & Sun 1000-1800
Open during lunch
- **AUTO CRAFTS SHOP** 263-3615
Mon-Tue Closed
Wed-Fri 1300-2100
Sat-Sun 1000-1800
- **COMMUNITY CULTURAL CTR** 263-3939
Mon-Fri 0900-2045
Sat, Sun & Hol Closed
Open during lunch
- **INTERNATIONAL TOURS** 263-5273
Mon-Fri 1000-1800
Open during lunch
- **LIBRARY**
Zama 263-3517
Mon-Thu 1000-2030
Fri- Sun & Hol 1000-1800
Open during lunch
- Depot** 268-4523
Tue-Thu 1000-1800
Fri & Sat 0900-1700
Sun, Mon Closed
Open during lunch
- Sagamihara** 267-6603
Tue-Thu 1000-1900
Fri-Sat 0900-1800
Sun, Mon & Hol Closed
Closed for lunch 1400-1500
- **OUTDOOR RECREATION** 263-4671
US Holidays Closed
- Vehicle Rental/Equipment Rental**
Mon-Fri 0900-1730
Sat-Sun 0800-1600
Open during lunch
- Local Tours** 263-4671
Mon-Fri 0900-1730
Open during lunch
- Animal Boarding Kennels** 263-5915
Mon-Fri 1000-1700
Sat-Sun 1000-1600
Closed for lunch 1230-1330
- Hardy Barracks Lodging** 229-3270
- Kure Lodging** 256-2580
- **POOLS** 263-5656
YANO 263-5037
Mon-Fri 0600-1800
Sat-Sun, Holidays 1000-1800
- SHA (Summer)** 267-6122
Mon-Tue & Fri 1200-1800
Sat-Sun 1100-1800
Wed-Thu Closed
- DEPOT (Summer)** 268-4840
Wed-Sat 1200-1800
Sun-Tue Closed
- **SPORTS/FITNESS CENTER** 263-4664
Zama 263-3954
Mon-Fri 0530-2030
Sat-Sun, Holidays 1000-1800
- Sagamihara** 267-6762
Mon-Sun Open 24 hrs
- Depot** 268-4729
Mon-Fri 1100-2000
Sat-Sun 1000-1800
Holiday 1000-1800

Child and Youth Services Branch

- **ADMINISTRATIVE OFFICE** 263-5701
- **Child & YS Coordinator** 263-8086
- (All the following CDC facilities are open during lunch.)
- Resource and Referral Office** 263-4743
Mon-Fri 0830-1730
- Depot Dev Group Home** 268-4625
Mon-Fri 0830-1730
- Sagamihara CDC** 267-6564
Mon-Fri 0530-1800
- Zama CDC** 263-4992
Mon-Fri 0530-1800
- **YOUTH SERVICES**
Depot Youth Center 268-4625
- Zama Youth Center** 263-4500
Mon-Thu 1430-2000
Fri 1430-2200
Sat 1200-2200
Sun 1400-1800
- School Age Services (SHA)** 267-6317
Mon-Fri 0630-1800
- Youth Sports** 263-5437
Mon-Sat 0900-1800
Open during lunch
- **ADMINISTRATIVE OFFICE** 263-5962

Zama Lodging

- **ADMINISTRATIVE OFFICE** 263-3293
- Reservation Desk** 263-2775
- Front Desk** 263-3830
Open 24 hours/7 days a week

USAG-J Okinawa MWR

- **MWR OFFICE** 644-5396
- **ARMY COMMUNITY SERVICE**
Director 644-4110
Receptionist 644-4175
Relocation Coordinator 644-4385
Outreach/Volunteer Coordinator 644-4116
Finance/Consumer Affairs/AER 644-4378
School Liaison Officer 644-4908
Family Advocacy 644-4106
AF TB / AFAP Manager 644-4743
- **ARTS & CRAFT CENTER** 644-4303
Lobby 644-4706
- **CORAL COVE COMMUNITY CLUB**
Business Manager 644-4894
Lounge 644-4306
Cashier Cage 644-4426
- **LIBRARY** 644-4468
Staff Room 644-5335
- **MARKETING** 644-4703
Commercial Sponsorship 644-4495
Graphic/Illustration 644-4665
- **MOVIE THEATER** 644-4381
- **SPORTS/OUTDOOR REC** 644-4144
Customer Svc/Pavilion Rental 644-4334
Sports Specialist 644-4797
Event Coordinator 644-4169
Swimming Pool 644-4389
Scuba Locker 644-4795
Retail Sales 644-4290
Equipment Issue 644-4263
Parks, Picnic & Beach 644-4698

Kure Harbor Club

- **MWR Office** 0800-1630 256-2580
256-2581
- **Outdoor Recreation** 0900/1700 256-2575
- **Dining Room**
Mon-Fri (Breakfast) 0700-0830
Mon-Fri (Lunch) 1130-1300
Tue-Sat (Dinner) 1630-2000
- **Bar**
Mon 1630-2000
Tue-Sat 1630-2200
- **PX / CLASS 6**
Mon-Fri 0900-1730
Sat 1130-1530



**For the price of one, you
can get two meals for \$10**

Menu will change every week.

Family **N**ight

Every Tuesday, 5 - 9 pm

Theme menus such as American, Chinese, Japanese, Korean, Mexican, Italian, etc. "Served with vegetable of the day, choice of baked potato, rice, mashed potatoes, French fries and soup and salad bar".

••• For more information, 263-4547 •••

LUNCH SPECIAL

**Camp Zama Community Club
Ballroom**

**Friday, 17 February
1100-1300**

\$9.95

- Advance tickets are available at the cashier's window (cutoff date is 16 February).
- There will be an additional \$2 charge at the door.

For more information, 263-4547



AfE presents



**ARMED
FORCES**
ENTERTAINMENT

Zama Community Club

6 FEBRUARY 2006 (Mon)

Doors Open at 7 am – Kickoff at 8 am



SPECIAL APPEARANCE BY THE
**"OAKLAND RAIDERS"
CHEERLEADERS**



"ADULTS ONLY"

SUPER BOWL PARTY - XL

IT'S ALL FREE including a fantastic breakfast buffet and mid-morning snacks courtesy of your Camp Zama Community Club.

"COME EARLY"!!! **FREE T-SHIRTS WITH THE USA FLAG** (courtesy of Coors) and **FREE STAINLESS STEEL MUGS** (courtesy of Japan Telecom) will be given to the **FIRST 100 PARTICIPANTS**.

**** The entertaining **"OAKLAND RAIDER CHEERLEADERS"** will dance just prior to kickoff and also at halftime.

BRING YOUR CAMERA-----The cheerleaders will be autographing their pictures and will also be available for photos.

SPECIAL DRAWING FOR MILITARY PERSONNEL

Two drawings will be held for a "King" or "Queen" of the 2nd & 4th quarters. Each winner will sit with the cheerleaders as their "Special Guest" for the quarter and receive special prizes.

PLUS, WIN GREAT DOOR PRIZES (16 door prizes to be given away):

- Two roundtrip airline tickets to the USA (courtesy of United Airlines)
- Electronic merchandise (courtesy of your Camp Zama AAFES)
- NBA sweatshirts (courtesy of NBA Japan)
- Food coupons from TGI Friday's and Outback Steakhouse
- Three iPods (courtesy of the DYDO Drink Co.)
- \$100.00 AAFES gift certificate & \$100.00 military access card (courtesy of Japan Telecom)

For additional information, please phone 263-5995

"See the Bugle for the advertisement".